

“ Charities Digest is packed with comprehensive information, easily laid out and above all accurate. As directories go physically it is a lightweight, but for all that vital charity information we all need to refer to, it is certainly a heavyweight. ”

DAVID STABLES, CEO/CHAIR, A-CET



CHARITIES DIGEST 2009

All the information you need to access help from charities

- Identify which charities can help you
- Find out what support and financial assistance is available
- Contact charities by post, telephone, fax or email
- Fully revised and updated for 2009



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CHARITIES DIGEST 2009

***Charities Digest 2009* is the invaluable source of help for people who are looking for charitable grants and assistance. The directory covers a wide range of specialised charity areas.**

DISCOVER **HOW CHARITIES CAN HELP YOU**

Charities Digest 2009 contains information on over 5,000 charities and voluntary organisations throughout the UK. Charities are listed alphabetically and are also categorised by area of expertise – under a ‘Subjects’ Index’ listed at the back of the book.

If you are looking to quickly find a particular charity, you can use the alphabetical listing. Each charity listed in this section contains up-to-date contact information, such as address, telephone, fax, email, web address, senior contact and an indication of the charities activities.

Alternatively, if you are looking for a particular grant or type of support, and require a charity with specific expertise, then you can use the ‘Subject Index’. This covers a variety of specialist areas, including:

- Lone parent families
- Learning disability
- Convalescence
- Disaster relief
- Nursing
- Disability
- Healthcare
- Hospices & terminal care
- And many more

Beneath each heading, is a listing of all charities offering help in that area. From this index, you can reference the charity’s details and access contact information to help you request additional information or to apply for assistance.

Charities help thousands of people every year and *Charities Digest* proves to be an invaluable reference tool for many public advisory services including:

- Senior personnel within charities
- Social Workers
- Student Support Advisers
- Careers departments within education institutions
- Information and Advice Officers
- Case Workers

OTHER SOURCES OF HELP

Charities Digest also provides contact listings for voluntary and independent organisations, such as:

- Adoption Societies
- Almshouses
- Citizens Advice Bureaux
- Community Foundations
- Councils for Voluntary Service, Rural Community Councils & Federations of Community
- Organisations
- Hospice Services
- Free Legal Advice
- Law Centres
- Voluntary Organisations for Blind & Partially Sighted People
- Voluntary Organisations for Residential Homes for Deaf People
- Local Associations of and for Disabled People
- Racial Equality Councils
- Volunteer Bureaux
- Voluntary help and services from the business community

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GUIDE TO THE SOCIAL SERVICES 2008/09

Helping you seek and apply for benefits and advice from the Social Services

Guide to the Social Services is the essential hands-on guide to public advisory services throughout the UK.

The guide not only offers a better understanding of Social Services, but is also a practical, user-friendly handbook for people who need to be able to:

- Understand what help is available from Social Services
- Find out who is eligible for benefits, grants and support
- Get information on how to apply for assistance
- Access additional contact information relevant to the area of help required



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